

## DALE'S FAST SOUP

Submitted by Allison Merrick (from her friend Dale in Oregon)

### Ingredients:

- 2 lbs. ground Italian sausage
- 1 diced onion
- 2 cloves minced garlic
- 2 cans diced tomatoes (I like the ones with Italian seasoning)
- 2 cans garbanzo beans (undrained)
- 2 cans chicken broth
- 1 pkg. frozen spinach
- Garlic powder
- Salt
- Pepper
- Grated parmesan cheese

In a large skillet, brown the sausage. When almost fully browned, stir in onion and garlic. Mix the tomatoes, beans and broth together in a large pot. Add sausage mixture when done. Season with garlic powder, salt and pepper to taste. Cook over medium heat for 15 – 20 minutes. Then add the package of spinach to the mixture and continue to cook for another 5 – 10 minutes. Remove from heat and serve. Great when topped with parmesan cheese!